**"What is Trinity Sunday?"**

**Trinity Sunday** is the first Sunday after Pentecost to honour **The Holy Trinity** - the Father, Son and Holy Spirit. Although the word “Trinity” does not appear in Scripture, it is taught in St. Matthew 28:18-20 and 2 Corinthians 13:14 (and many other biblical passages).

The concept of The Holy Trinity can never be completely understood or rationalized, but it is clearly taught in Scripture. Understanding of all scriptural doctrine is by faith which comes through the work of the Holy Ghost; therefore, it is appropriate that this mystery is celebrated on the First Sunday after Pentecost, when the outpouring of the Holy Ghost first occurred.

On Trinity Sunday, the Christian Church ponders with joy and thanksgiving what the Father, Son and Holy Spirit have done to accomplish the salvation of sinful humanity.

It is brought to remembrance how Christians should respond to the love God has shown us, praising Him and giving Him all glory. **We remember the Father as our Creator, the Son as our Saviour and the Holy Ghost as our Comforter.**

Scriptural readings for the Trinity Sunday ceremony includes Psalm 8. The Epistle reading should be II Corinthians 13:11-14 - appeals to believers to aim for perfection and live in peace, ending with the prayer that the grace of Christ Jesus, the love of God and the fellowship of the Holy Ghost be with all. The Holy Gospel should include the Great Commission that Jesus left for His believers in St. Matthew 28:16-20.

Trinity Sunday is to explain, to the best of man’s ability, the clues written in the Scriptures to guide us to a fuller understanding of our Triune God. The Father is God from the beginning (St. John 1:1); Jesus revealed Himself as equal to the Father in St. John 10:30, “I and the Father are one.” Together, they sent us the Holy Ghost (St. John 14:26). “For there are three that bear record in Heaven, the Father, the Word and the Holy Ghost; and these three are one” (1 St. John 5:7-11).

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